

BASIC HEALTH CHECK UP RS.1500/-

GENERAL HEALTH PARAMETERS

- CBC
- ESR
- Urine Routine
- Creatinine
- FBS
- Total Cholesterol
- ECG
- Chest X-Ray

PRE EMPLOYMENT HEALTH CHECK-UP RS. 3200/-

GENERAL HEALTH PARAMETERS

- CBC
- Blood Group
- Serum Creatinine
- Total Cholesterol
- FBS with Urine Sugar
- PPBS with Urine Sugar
- HCV, HBV HIV- by CLIA
- ECG
- Chest X-Ray

DIABETES SCREENING RS.2250/-

PHYSICAL EXAMINATION

- Routine Vision Test
- BMI
- Nutrition Counselling

GENERAL HEALTH PARAMETERS

- CBC
- Urine Routine

DIABETES STATUS

- HbA1c
- FBS with Urine Sugar
- PPBS with Urine Sugar
- Urine Micro Alb / Creat Ratio
- e-GFR (Creatinine Inclusive)

• Breakfast provided

DIABETES PROFILE RS. 4400/-

PHYSICAL EXAMINATION

- Routine Vision Test
- BMI
- Nutrition Counselling

GENERAL HEALTH PARAMETERS

- CBC
- Urine Routine

DIABETES STATUS

- HbA1c
- FBS with Urine Sugar
- PPBS with Urine Sugar
- e GFR (Creatinine Inclusive)
- Urine -Micro Alb / Creat Ratio

CARDIAC PROFILE

- Lipid Profile
- ECG

DIABETIC FOOT SCREENING

• Breakfast provided

CARDIAC RISK EVALUATION RS.6100/-

PHYSICAL EXAMINATION

- Routine Vision Test
- BMI
- Nutrition Counselling

GENERAL HEALTH PARAMETERS

- CBC
- Urine Routine
- Serum Creatinine
- Uric Acid
- HbA1c
- FBS with Urine Sugar
- PPBS with Urine Sugar
- Lipid Profile
- Homocysteine
- Chest Xray
- ECG
- 2D Echo / Stress Test

• Breakfast provided

SENIOR CITIZEN HEALTH CHECK-UP RS. 6650/-

PHYSICAL EXAMINATION

- Routine Vision Test
- BMI
- Nutrition Counselling

GENERAL HEALTH PARAMETERS

- CBC
- Urine Routine
- Serum Calcium
- Serum Creatinine
- FBS with Urine Sugar
- PPBS with Urine Sugar
- Lipid Profile
- Uric Acid
- Stool Occult Blood

ECG

2D ECHO

CHEST X-RAY

BONE MINERAL DENSITY (BMD)

• Breakfast provided

HEALTHY BONE PACKAGE RS: 4550/-

GENERAL HEALTH PARAMETERS

- Vitamin D3
- Serum Calcium
- Serum Uric Acid
- Inorganic Phosphorus
- Alkaline Phosphatase
- RA Test
- BONE MINERAL DENSITY- (BMD)

PRE-MARITAL PACKAGE

RS: 3100/-

GENERAL HEALTH PARAMETERS

- CBC
- RAndom Blood Sugar
- HIV, HBsAG, HCV (CLIA)
- VDRL
- Hb Electrophoresis (Thalassemia Screening)

WELL WOMAN PLAN RS. 15600/-

PHYSICAL EXAMINATION

- Routine Vision Test
- BMI
- Nutrition Counselling

GENERAL HEALTH PARAMETERS

- Chest X Ray
- CBC
- TSH
- Uric Acid
- Serum Creatinine
- Serum Calcium
- Vitamin D3
- Vitamin B12
- Urine Routine

DIABETES STATUS

- HbA1C
- FBS with Urine Sugar
- PPBS with Urine Sugar
- Urine Micro Alb / Creat Ratio

CARDIAC PROFILE

- Lipid Profile
- ECG
- 2D Echo
- 3D Mammography
- SONOGRAPHY - PELVIS

BONE MINERAL DENSITY - (BMD)

• Breakfast provided



EXECUTIVE HEALTH CHECKUP RS: 10000/-

PHYSICAL EXAMINATION

- Routine Vision Test
- BMI
- Nutrition Counselling

GENERAL HEALTH PARAMETERS

- Chest X-Ray
- CBC
- ESR
- TSH
- Urine Routine

DIABETES STATUS

- HbA1c
- FBS with Urine Sugar
- PPBS with Urine Sugar
- Urine -Micro Alb / Creat Ratio

CARDIAC PROFILE

- ECG
- 2D Echo/Stress Test
- Lipid Profile

- LIVER PROFILE
- RENAL PROFILE
- USG – (ABDOMEN & PELVIS)

- Breakfast provided

DIAMOND PACKAGE RS: 13000/-

PHYSICAL EXAMINATION

- Routine Vision Test
- BMI
- Nutrition Counselling

GENERAL HEALTH PARAMETERS

Chest Xray

- CBC
- ESR
- TSH
- Serum PSA (Male) / CA 125 (Female)
- Serum Vitamin D3
- Serum Vitamin B 12
- Urine Routine

BONE MINERAL DENSITY (BMD)

DIABETES STATUS

- HbA1c
- FBS with Urine Sugar
- PPBS with Urine Sugar

CARDIAC PROFILE

- ECG
- 2D Echo/Stress Test
- Lipid Profile

LIVER PROFILE

RENAL PROFILE

- Breakfast provided

DIAMOND WOMEN RS: 19000/-

PHYSICAL EXAMINATION

- Routine Vision Test
- BMI
- Nutrition Counselling

GENERAL HEALTH PARAMETERS

- Chest X-Ray
- CBC
- TSH
- Uric Acid
- Serum Creatinine
- Serum Calcium
- Serum Vitamin D 3
- Serum Vitamin B12
- CA 125
- Urine Routine

DIABETES STATUS

- HbA1c
- FBS / PPBS with Urine Sugar
- Urine -Micro Alb / Creat Ratio

CARDIAC PROFILE

- ECG
- 2D Echo
- Lipid Profile
- USG- (ABDOMEN & PELVIS)
- 3D MAMMOGRAPHY
- BONE MINERAL DENSITY - (BMD)

- Breakfast provided

WITH ANY SCHEME

A. CANCER MARKER TEST

- Serum Total PSA (Male) - Rs 800/-
- CA 125 (only Female) - Rs 1300/-

B. VITAMIN LEVELS

- Serum Vitamin D3 - Rs 1300/-
- Serum Vitamin B12 - Rs 1000/-

C. BONE MINERAL DENSITY -Rs 2200/-

D. 3D MAMMOGRAPHY -Rs 4,000/-

E. PAP SMEAR -Rs 1450/-

G. DENTAL CHECK-UP -Rs 300/-

IMPORTANT GUIDELINES FOR PATIENTS

1. All Health Check-ups are scheduled with prior appointments only.
2. Please come 12 hours fasting. You may drink water. Report by 7.30 am at the Diagnostic Centre on the Ground floor.
3. Kindly bring first morning samples of urine and stool with you (containers can be collected from laboratory)
4. If you are using spectacles, bring them along.
5. If on any medication, please bring along your previous prescription/medication and reports.
6. Diabetic patients should avoid anti-diabetic drug in the morning. **Please carry the drug / insulin to be taken with breakfast.**
7. Company Sponsored clients are requested to bring referral letter and two passport size photo.
8. Generally your check up will be completed by 1.00 pm.
9. Review of Reports
10. Abnormal findings will be intimated.
11. Reports can be collected next day from Diagnostic Centre reception from 8.00 am to 8.00 pm
12. Kindly register your email ID at the registration counter, to receive Reports on Email.



HOLY SPIRIT HOSPITAL & RESEARCH CENTRE



HEALTH CHECK-UP SCHEMES

OUR MISSION

**Respect life through
Person Oriented Quality
Health Care for All in
Loving Service**

**For Appointments /
Enquiry**

Diagnostic Center

Tel: 2824 8500 - 04

(Ext-181/182)

Mob. No.: 9920747327

Home Blood

Collection:9892493216