

## IMPORTANT GUIDELINES FOR PATIENTS

- 1) All Health Check-ups are scheduled with prior appointments only.
- 2) Please come 12 hours fasting. You may drink water. Report for check up by 7.00 am at the Diagnostic Centre on the Ground floor. Breakfast will be provided.
- 3) First consultation and follow up counselling by the physician.
- 4) Kindly bring your first morning samples of urine and stool with you (containers can be collected from laboratory)
- 5) If you are using spectacles, please bring them along.
- 6) If on any medication, please bring along your earlier prescription / medication and reports.
- 7) Diabetic patients - Anti-diabetic drug should be avoided in the morning. Please carry the drug/insulin to be taken with breakfast.
- 8) Company Sponsored clients are requested to bring referral letter and two passport size photo.
- 9) Ideally, your check up will be completed between 7.00 am to 1.00 pm.
- 10) Abnormal findings will be intimated.
- 11) Reports can be collected from our Diagnostic Centre reception from 10.00 am to 8.00 pm.
- 12) We can courier you the reports if desired to the address provided with an additional charge.



## HEALTH CHECK UP SCHEMES



**OUR MISSION**  
**Respect Life through**  
**Person Oriented Quality Health Care**  
**for All in Loving Service**

**For Appointments / Enquiry**  
**Diagnostic Centre**  
**Tel.: Direct : 2820 0946**  
**2824 8500 - 04 (Ext-181 / 182)**



**Holy Spirit Hospital**



Say "Yes" to wellness and "No" to illness.